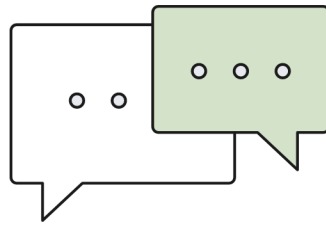


How to fill your

# Fill 'er up!

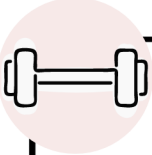


Quarantine Cup

# What bills you?

Take a moment to answer these questions:

## What brings me joy?



## What gives me life?



## When am I most at peace?

## What do I miss and long for?

## What sets me free?

(no boxes for this one)

